

Thursday, September 12th		Location
12.00am - 7.00pm	Shuttle Bus Services Commence	*refer to shuttle bus schedule for details
1.00pm - 6.00pm	Information Booth Open	Hokuto Cultural Center
1.00pm - 6.00pm	IRONMAN Athlete Check-In Open	Hokuto Cultural Center
1.00pm - 6.00pm	IRONMAN Official Merchandise Store Open	Hokuto Cultural Center
Friday, September 13th		Location
9.30am - 7.00pm	Shuttle Bus Services Commence	*refer to shuttle bus schedule for details
10.00am - 6.00pm	Information Booth Open	Hokuto Cultural Center
10.00am - 2.00pm	IRONMAN Athlete Check-In Open hours	Hokuto Cultural Center
2.00pm	IRONMAN Athlete Check-In Close (deadline)	Hokuto Cultural Center
10.00am - 6.00pm	IRONMAN Official Merchandise Store Open	Hokuto Cultural Center
2.00pm - 3.00pm	Compulsory Athlete Briefing - Japanese -1st session	Hokuto Cultural Center
3.00pm - 4.00pm	Compulsory Athlete Briefing - English	Hokuto Cultural Center
4.00pm - 5.00pm	Compulsory Athlete Briefing - Japanese -2nd session	Hokuto Cultural Center
Saturday, September 14th		Location
7.00am - 7.00pm	Shuttle Bus Services Commence	*refer to shuttle bus schedule for details
9.00am - 11.00am	Practice Swim area open <small>*timing chip required to swim - no chip no swim</small>	To Be Informed
10.00am - 6.00pm	IRONMAN Official Merchandise Store Open	Hokuto Cultural Center
10.00am - 6.00pm	Information Booth Open	Hokuto Cultural Center
10.00am - 5.00pm	(T1) Compulsory Bike Racking and Bike Gear Bag Check-In	Transition 1
10.00am - 5.00pm	(T1) Compulsory Run Gear Bag Check-In (Run transported to T2)	Transition 1
Sunday, September 15th		Location
4.00am - 5.00am	T1 Shuttle Bus Services Commence	*refer to shuttle bus schedule for details
5.30am - 6.30am	(T1) Information Booth & Drop Out Clerk Open	Transition 1
5.30am - 6.15am	(T1) IRONMAN Transition Open	
5.30am - 6.15am	Personal Needs Bag drop off	
5.30am - 6.15am	Street Gear Bag drop off (T1) - transported to finish line	
6.30am	IRONMAN Age Group Rolling Start	Swim Start - Beach
9:20am (*approx)	IRONMAN SWIM CUT OFF: based on last swimmer entering water	
10.00am - 6.30pm	Information Booth Open	Kikonai Community Center
9.30am - 5.00pm	IRONMAN Official Merchandise Store Open	Kikonai Community Center
10.00am - 1.00am (next day)	Information Booth & Drop Out Clerk Open at Finish Line	Kiklonai Town Hall
5:30pm (*approx)	IRONMAN BIKE CUT OFF: based on last swimmer entering water	
6:00pm - 9:00pm	(T2) IRONMAN Bike & Gear Bag Collection Check-Out (Note: Personal Needs Bag will only be available for collection on Monday)	Transition 2
12.00am Monday (*Approx.)	IRONMAN Last Finisher: based on last swimmer entering water	Kiklonai Town Hall
4.00pm - 1:00am(next day)	Finish area Shuttle Bus Services Commence	*refer to shuttle bus schedule for details
Monday, September 16th		Location
7.30am - 2.00pm	Shuttle Bus Services Commence	*refer to shuttle bus schedule for details
8.00am - 12.00am	(T2) IRONMAN Bike, Gear Bag & Personal Needs Bag Check-Out	Transition 2
8.00am - 2.00pm	Information Booth Open	Kikonai Community Center
8.00am - 2.00pm	IRONMAN Official Merchandise Open	Kikonai Community Center
10.00am	2025 IRONMAN World Championship Roll Down Ceremony	Kikonai Community Center
11.00am - 12.00am	IRONMAN Age Group Awards Celebration	Kikonai Family Sports Center